

ALLERGIES & ALLERGIC REACTIONS POLICY



APRIL 2021

This policy was adopted on	Signed on behalf of the nursery	Date for review
February 2020	L Jessiman	February 2021
April 2021	L Jessiman	September 2022
<i>Reviewed July 2022</i>	L Jessiman	<i>September 2023</i>
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EVELINE DAY NURSERIES

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Allergies and Allergic Reactions

At Eveline Day Nurseries Ltd we are aware that children may have or develop an allergy resulting in an allergic reaction.

We aim to ensure allergic reactions are minimised or, where possible, prevented and that staff are fully aware of how to support a child who may be having an allergic reaction.

Our Procedures

- All staff are made aware of the signs and symptoms of a possible allergic reaction in case of an unknown or first reaction in a child. These may include a rash or hives, nausea, stomach pain, diarrhoea, itchy skin, runny eyes, shortness of breath, chest pain, swelling of the mouth and/or tongue, swelling of the airways to the lungs, wheezing and anaphylaxis.
- We ask parents to share all information about allergic reactions and allergies on child's registration form and to inform staff of any allergies discovered after registration. A child will not be admitted until all relevant training has been completed as decided by the Eveline Day and Nursery Schools
- Once a parent/doctor informs the manager of the Allergy, the 'Allergy Implementation Checklist' should be followed. All parts will be completed and agreed with the parent. This information is usually shared with the setting before the child starts. A child will not be admitted until all relevant training has been completed as decided by the Eveline Day and Nursery Schools.
- We share all information with all staff and keep an allergy register in the kitchen and room child attends
- Where a child has a known allergy, the nursery manager will carry out a full Allergic Risk Assessment with the parent prior to the child starting the nursery and/or following notification of a known allergy an this assessment is shared with all staff
- All food prepared for a child with a specific allergy is prepared in an area where there is no chance of contamination and served on equipment that has not been in contact with this specific food type, e.g. nuts, gluten
- The manager, nursery cook and parents will work together to ensure a child with specific food allergies receives no food at nursery that may harm them. This may include designing an appropriate menu or substituting specific meals on the current nursery menu
- Seating is monitored for children with allergies. Where deemed appropriate, staff will sit with children who have allergies and where age/stage appropriate staff will discuss food allergies with the children and the potential risks



- If a child has an allergic reaction to food, a bee or wasp sting, plant etc. a paediatric first-aid trained member of staff will act quickly and administer the appropriate treatment, where necessary. We will inform parents and record the information in the incident book and on the allergy register
- If an allergic reaction requires specialist treatment, e.g. an EpiPen, then at least two members of staff working directly with the child and the manager will receive specific medical training to be able to administer the treatment to each individual child

Parents will be made aware of their responsibility for informing EDNS about the care of the child whilst in their care. It is also the responsibility of the parent to provide the medication that the child may need in the case of an allergic reaction and to inform the manager/deputy of any changes to their child's condition.

In the event of a medical emergency the manager will ensure that all staff have the necessary awareness/training to deal with the child's condition. The child's consultant, G.P. or an expert from a local hospital will conduct the training sessions. Specific training in the administration of medication where necessary will also be given. Staff would be given the opportunity to practice with injections and in some cases certificates of competence would be issued. Only staff that have been trained will be allowed to administer the prescribed medication/treatment and these staff will be listed on the Allergy Health Care plan, allergy alert form and First aiders notice.

The manager/deputy will ensure a suitable qualified/allergy aware person is always on duty.

The care of this child is paramount and only named senior NVQ3 qualified staff; Manager or Deputy will be responsible for the child's feeding and in the event of an emergency the administration of medication.

Each branch will in the case of an emergency follow the Eveline Day Nursery Crisis Plan and Procedure for dealing with a child who has an allergy. (Allergy Procedure)

Regular Crisis drills will be practiced and documented.

Transporting children to hospital procedures

The nursery manager/staff member must:



- Call for an ambulance immediately if the allergic reaction is severe. DO NOT attempt to transport the sick child in your own vehicle
- Whilst waiting for the ambulance, contact the parent(s) and arrange to meet them at the hospital
- Arrange for the most appropriate member of staff to accompany the child, taking with them any relevant information such as registration forms, relevant medication sheets, medication and the child's comforter
- Redeploy staff if necessary to ensure there is adequate staff deployment to care for the remaining children. This may mean temporarily grouping the children together
- Inform a member of the management team immediately, who should then call the child's parent(s) to arrange meeting at the designated hospital
- Remain calm at all times. Children who witness an incident may well be affected by it and may need lots of cuddles and reassurance. Staff may also require additional support following the accident.
- Where a serious incident occurs and a child requires hospital treatment, Ofsted will be informed.

Allergy Control

To help the Eveline Day Nursery to prevent the risk of allergic reactions, we request that all parents ensure no foods are brought onto the premises.

Food Information Regulations 2014

We incorporate additional procedures in line with the Food Information Regulations 2014 (FIR) including displaying our weekly menus on the Parent Information Board/website/online system identifying any of the 14 allergens that are used as ingredients in our dishes.